

Has Anyone Else With a Gluten Allergy Ever Heard These Things?

It seems to be a growing epidemic, more and more people can no longer eat gluten. However, for those of us with a legitimate problem with digesting gluten, we are a little tired of hearing that its "just a fad" or "not even better for you". Here are some of my favorite questions and responses I have gotten when I've said I can't eat gluten:

<https://www.youtube.com/watch?v=hJl2Ay-X62c>